

# USA Gymnastics Trampoline & Tumbling

## 2015 Region 4 Championships

DATE	Friday, May 15	Noon – 6pm	Set-up
		Noon – 6pm	Level 1 Coaches Course
		6-7pm	Training, JR & SR
		7-8 pm	Training, Levels 8-SR
	Saturday, May 16	Competition, Levels 1-SR	
	Sunday, May 17	Competition, Levels 1-9	
VENUE	Wisconsin Center 400 W Wisconsin Ave, Milwaukee, WI 53203 Milwaukee, WI		
	Parking will have a charge per vehicle per entry.		
HOST	USA Gymnastics T&T Region 4 (Crissy LaFollette)		
SCHEDULE	A detailed block schedule will be posted on the Region 4 website no later than May 1. <b>Flight Sheets will not be posted on the website. They will be in the program. Coaches will receive a coach's report listing your athlete's flights.</b>		
ENTRY FEES	FLAT FEE of \$125 (Levels 5-SR) FLAT FEE of \$100 (Levels 1-4) SR Elite athletes will not be charged entry fee. Participation is MANDATORY to be considered for Region 4 funding. See funding policy on Region 4 website for details.  <b><u>All entries must be typed on the official entry form. Entries on any other form will not be accepted and will be returned.</u></b>  <b>Entry fee includes a Region 4 T-shirt for each competitor. Make sure you fill in the t-shirt size on the entry form for each competitor.</b>		
PURPOSE	This competition will prepare our athletes for competition at National and International events. The JR Olympic Regional Championships (Levels 1-10) will name Regional Champions in age groups for all disciplines. This will also serve as the second and final opportunity to qualify for the National Championships. The Elite levels of competition will name Regional Champions in all disciplines.		

**ELIGIBLE  
ATHLETES'**

All athletes registered with USA Gymnastics as an athlete member are eligible to compete at the Regional Championships. Please note that all non-U.S. citizens must declare their citizenship by the entry deadline so proper sanction adjustments can be made.

**ENTRIES**

Only entries submitted on the official online entry form. A survey has been sent to all clubs through e-mail. Please fill in the survey and we will email you the entry form. This will be the only entry from accepted. Forms must be complete or it will not be accepted.

**ENTRY**

**DEADLINE**

All entries must be done via Google Doc by **April 1, 2015.**

Entry fees must be postmarked by the deadline. Credit Card payments will be accepted this year. See the form on the website.

**ABSOLUTELY NO LATE ENTRIES WILL BE ACCEPTED!**

**PAYABLE TO**

USA Gymnastics Trampoline & Tumbling Region 4

**MAIL TO**

USA Gymnastics Trampoline & Tumbling Region 4  
c/o Tumbling Express  
105 E Park RD  
Washington, IN 47501

**Please include copy of online entry form, USAG team roster along with USAG professional membership verification for all coaches, and entry fee payment.**

**INCOMPLETE OR INCORRECT**

**ENTRIES**

After April 1, 2015 information may be corrected for a charge of \$10 per correction. No refunds will be given for scratches. If an age or gender is listed incorrectly there will be \$10 per event charge.

**REFUNDS**

See Refund request form for details.

**HOTELS**

Hotels rooms will be available through National Travel Systems. [www.ntssportstravel.com](http://www.ntssportstravel.com) Please book within our block. The hotels will give a donation back to the region for each room night sold.

**RULES**

USAG Trampoline and Tumbling rules from the current 2013 Code of Points along with all errata pages (posted on USAG website) will be used. Please note that there will be no finals. All age groups are based on the age of the competitor on December 31, 2015.

## COACHES

Only coaches who have a minimum of T200/201 coaching certification and current USAG Pro or JR Pro membership will be issued credentials. Note: Please read the dress code in the code of points. This dress code will be strictly enforced. Teams will be allowed one coach for every 5 athletes registered with no more than 3 coaches per team. (5 or less athletes 1 coach, 6 to 10 athletes 2 coaches 11 or more 3 coaches). Additional coaches may pay \$25 for an additional credential.

## COMPETITION EQUIPMENT

4 – Eurotramp Trampoline with Eurptramp beds and springs  
2 – Eurotramp Double-Mini Trampoline  
2 – Rod Tumbling Floors

## VOLUNTEERS

We would greatly appreciate all volunteer help. This meet would not be possible without the help of volunteers. Thank you in advance for your assistance. All volunteers will be given a T-shirt and admission for the day. Please fill out the google survey on the website. Thank you

## JUDGES

Only judges who have met yearly certification requirements and have a current USAG Pro or JR PRO membership and are currently registered with USA Gymnastics Trampoline and Tumbling Judges organization will be used to seat panels. Ratings and availability will determine contracts for the Region 4 Championships. Google survey was emailed to all judges in the region and is posted on the Region 4 website. ***Deadline is April 1.***

## AWARDS

All athletes will receive flight awards directly following their flight competition. In addition, awards for the top 10 places will be given during the awards ceremony. The awards ceremony will take place at the end of each session. **Please inform all of your athletes that they must wear their competition attire to receive their award.**  
**Only athletes that are present at the awards ceremony will be given their award.** No awards may be picked up early.